lam oc watnkarsa saxifrice. eruce. stet
thz alt samen oc blanda mz humugh
et in modū auellane fora daghorth oc
afra natworth mz warnit watn net
thz Oc om somer tac blathan af alle thes
sa yrter oc sinth. i. wijn Item Tac grana
bactaz aller lauerber. oc saxifrice. oc ste
na af kirsabar. mz noellis. oc gior th
puluer af. oc lat th mz humugh. oc sinth
oc blanda thz alt saman. oc tac uthpen
ull oc wal. i. wijn oc lag. i. mallem la
ren than man steen hauer. oc um liuskā
oc ofan alt thz ket alt up tel naflen. eet
om morwan oc annat om quald. oc gijf
hanū at ada lactuariū thz af thesse yrter
ar giort. Oc gior thzta om indagha om
morwan oc om quald Item Ad gittam
Tac een hwit gas mallem scā marie oc
scā michals dagh. oc drap hanna oc ploc
ca hanna oc sinth dunat af hānna oc tho
swa at thz ware quart. i. hicthan. the
sina pinna af dunat mz sit etar. oc opna
gasan oc casta af hānna alt thz urena oc
thwa hanna mz watn ictan oc innan. oc
gior hanna wal reen ictan oc innan

deest Foli-
ūm.