Egitto. Aegypti, or Africa, is the name given to this region of the world. The ancient Egyptians believed it to be the land of the dead, and it was considered a place of great mystery and power. The Nile River, which flows through this region, was the lifeblood of the ancient Egyptian civilization, providing water for agriculture, transportation, and sustenance. The pyramids and other architectural wonders of ancient Egypt are testaments to the ingenuity and skill of its people.